Participant Evaluation for *Family Food Decision: Overweight and Obesity*

We are all here to learn from each other, so that to end, we appreciate your feedback. Please answer the following questions about the food decisions tool.
  Celebrate the families' healthy decisions and efforts to improve
  To identify strategies that are working and areas that need improvement
  Identify barriers and constraints on achieving their weight control goals
  Set goal(s) for behavior changes
  Aid families in locating and assessing useful information

1= Poor   2= Fair   3= Good   4= Very Good   5= Extremely

1. On a scale of 1-5, please tell us how well the program met the following goals and objectives:

Learning Objectives:
- Celebrate the families' healthy decisions and efforts to improve
    1   2   3   4   5
- To identify strategies that are working and areas that need improvement
    1   2   3   4   5
- Identify barriers and constraints on achieving their weight control goals
    1   2   3   4   5
- Set goal(s) for behavior changes
    1   2   3   4   5
- Aid families in locating and assessing useful information
    1   2   3   4   5

2. How much did the discussion help you to think about your family's food decisions?

   Very Much   Quite a bit   Somewhat   Not at all

3. How useful was the discussion as a whole?

   Extremely   Very   Somewhat   Not at all

4. What other suggestions or comments do you have for the presenters/facilitators?

5. What other suggestions or comments do you have about the content of the program?